



DO YOUR PART---SLOW THE SPREAD OF COVID-19

I am sick with fever (100.4), cough and / or difficulty breathing

Stay **HOME**- do not leave the home unless to seek medical care (call provider or hospital first before going).

Self ISOLATION- stay away from others in the house.

Clearance Instructions:

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

I had contact with confirmed case or someone who had symptoms

Stay **HOME** for 14 days and **SELF-MONITOR** for symptoms.

- check temperature in am and pm
- watch for other symptoms
- if symptoms develop- stay home (see red box)

Self-Quarantine:
Avoid going out, being in groups

I have no symptoms

1.DO YOUR Part:

2.Practice Social Distancing

3.No groups

4.Keep 6 foot distance

1.Comply with Closures

1.Wash your hands

2.Use hand sanitizer

3.Don't touch your face

4.If symptoms develop-stay home (see red box)

5. <https://www.cdc.gov/coronavirus/2019>